

A clearer photo. Useful context.

Pregnancy-test photo checklist

Capture what you saw. A photograph or an app cannot confirm pregnancy.

01 BEFORE YOU START

- ☐ **Read your exact leaflet.** Find the reading time and cutoff for your product. There is no universal photo timer. Follow the leaflet even if it differs from this sheet. [1]
- ☐ **Prepare the camera.** Clean the lens with a microfiber cloth. Use even light and remove identifying paperwork from the background. Lens cleaning: Apple [2]; framing and privacy: editorial tips.

02 DURING THE PERMITTED READING PERIOD

- ☐ **Keep the whole window.** Include the control area and enough of the test to show its orientation. Hold the camera roughly parallel; keep reflections off the window.
- ☐ **Check focus before capture.** In Apple's Camera app, tap the result window to set focus. [3] If the image is soft at close range, move back until it is sharp.
- ☐ **Keep an untouched original.** Save the original before cropping, filtering or changing contrast. Record the timing below. Do not extend the reading period to get a better photo.

03 KEEP THE CONTEXT WITH YOUR PHOTO

Exact product / country: _____

Test started at: _____ Leaflet says read at / after: _____

Leaflet cutoff: _____ Photo taken at: _____

Original file name (optional): _____

If the timing is unknown or the window has passed: label that uncertainty. A later photo cannot establish what was visible during the valid reading period. Follow the product instructions for what to do next.

Sources checked 19 September 2026 - [1] FDA: home pregnancy tests; [2] Apple: blurry camera photos; [3] Apple: focus and exposure. Camera controls describe Apple's app, not a 2Lines feature guarantee. Other capture suggestions are editorial guidance.

Full guide, troubleshooting and source links:
pregnancytestchecker.app/pregnancy-test-photo-guide/

By the 2Lines editorial team. Not clinically reviewed; not a diagnostic tool.
Learn about the app and its limits: pregnancytestchecker.app/pregnancy-test-checker/